Chemical Bonds Metallic Bonding They are free to move Electrons are delocalised Occurs between two metals and the electrostatic force between the 'sea' of delocalised electrons and the positive nucleus of the metal Good conductors of electricity **Covalent Bonding** Occurs between two non metals To form complete shells Electrons are shared between two elements Strong bonds High melting points **Ionic Bonding** Occurs between a nonmetal and a metal The metal atom loses an electron and becomes a positive ion The non-metal atom gains an electron and becomes a negative ion Electrostatic attraction occurs Strong bonds High melting points